

Being a doctor for doctors (and medical students)

FSFHG & WAPHA General Practitioners Engage Event

Saturday 31 August 2024

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Doctors' Health Advisory Service of WA



Who is DHASWA and what do we do?

- Confidential health-related triage, advice and referral services for doctors and medical students, via the 24/7 Advice Line
- Follow up services for callers if required, including support in return to work
- Lists of GPs, psychiatrists and psychologists with an interest in doctors' health
- Training to support doctors to treat other doctors
- Education, sponsorship, advocacy (along with the other states), research.

24/7 Advice Line:

For Doctors in need of help
or wanting to speak with a
DHASWA Doctor



(08) 9321 3098

Drs4Drs List:

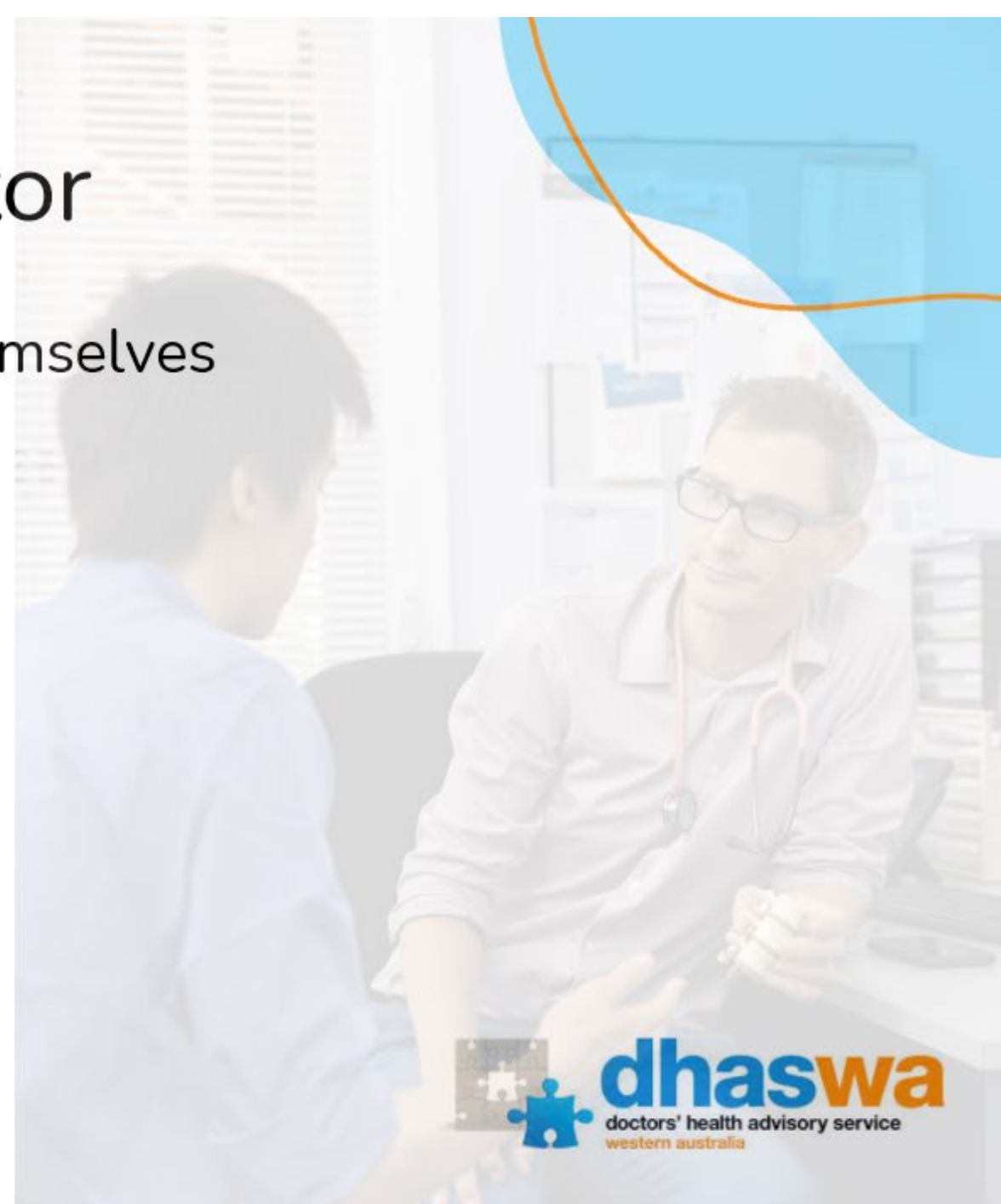
Offers specialised medical
and mental health support
services for healthcare
professionals.



www.dhaswa.com.au/drs-for-drs-list

Why doctors seek a doctor

- Physically unable to assess or treat themselves
- Objectivity in care
- Confidential
- Advocacy with other treating doctors
- Access to different knowledge base
- Better coordination of care
- Better record keeping
- Medicolegal protection
- Healing, peaceful experience



Why doctors might not seek their own doctor

Any professional

- Time off during day
- Work commitments
- Proximity

Doctors

- Difficult to choose who to see
- Confidentiality
- Stigma
- Don't want to appear stupid or ignorant
- Trivialising illness
- Embarrassing (esp. mental, reproductive)
- Waiting room tension
- Bad previous experiences
- Medical Board reporting
- Feel they could do a better job themselves
- **Ability to treat themselves instead**

The successful doctor-patient consultation

ABCD QRST

- **A**cknowledgement, and thanks
- **B**oundaries and billing
- **C**onfidentiality
- **D**o not judge

The successful doctor-patient consultation

ABCD QRST

- Quick access
- Referrals, scripts, investigations - the concept of blended care
- Shared decision making and shared responsibility
- The 4 Ts – time, talent, trust, TLC

The Doctors for doctors list

- For GPs who are happy to see doctors and patients, and prioritise them
- No obligation to see within a specific time frame
- No obligation to bill any differently to your usual practice
- Support from DHASWA including our psychiatry and occupational health advisers



The Advice Line

- Confidential health-related triage, advice and referral services for doctors and medical students
- Speak to a doctor from WA, who understands the WA health system, WA-based training systems
- Confidential – exempt from mandatory reporting
- Anonymous if you like
- Calls routed through WADMS - return call within 4 hours
- NO CALLER ID
- Talk for as long as you need, about anything you need to talk about
- We get 3-4 calls a week, 25% Doctors in Training
- We can facilitate and fast-track inpatient and outpatient care
- Follow up, if needed

Thank you

The Advice Line 9321 3098 | Non-urgent inquiries manager@dhaswa.com.au

-  Website www.dhaswa.com.au
-  Facebook @DocHealthAdvisoryWA
-  Instagram @dhaswahealth
-  Twitter @dhas_wa
-  LinkedIn Doctors' Health Advisory Service

