

Lumbar puncture under general anaesthetic

Discharge advice

Pain relief

- Paracetamol can be given as every 6 hours as needed but no more than four times in 24 hrs.
- Next dose of Paracetamol can be given at _____.

Directions

- Activity should be kept to a minimum for the next two days.
- It is not advisable to participate in any sport or vigorous activity/exercise for one week.
- Your child will be able to return to school after two days.
- Leave band aid on for 24 hours.
- If the headache continues or becomes worse seek medical advice.
- If your child develops a fever and /or becomes unwell medical advice is required.

Care following anaesthetic

Food and drink

- When your child is tolerating clear fluids, gradually increase the amount.
- When your child is hungry, a light diet is recommended. Avoid greasy or fatty foods.

Vomiting

- If your child vomits, give nothing for half an hour, then start sips of clear fluids.
- gradually increase the amount when tolerating fluids.
- If vomiting continues - seek medical advice.
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Directions

- Should your child have problems passing urine, please seek medical advice.
- A responsible adult must stay with the child for at least the first 24 hours.
- Seek medical advice if the area where your child's Intravenous catheter was put in, has increasing redness, swelling or pain.

Contact details

If you have any concerns after discharge, please phone _____ on 6456 _____ or your GP.

To cancel or change your appointment, or if you've forgotten your appointment details, please call Outpatient Direct on 1300 855 275.



Government of Western Australia
Child and Adolescent Health Service



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