



Keeping our mob healthy

Vaccines Influenza (flu)

What is influenza (flu)?

Influenza, or "the flu", is caused by a virus that affects the nose, throat and lungs and can easily spread within families, schools, day care and the community.

Symptoms of the flu:





Fever



Headache, muscle aches, tiredness



Cough or noisy breathing



Sore throat and runny nose



Nausea and vomiting

Diarrhoea



Loss of appetite or poor feeding



Irritability



How serious is the flu for children?

- 1 in 3 children who catch the flu go to hospital.
- The influenza virus strains changes every year -that's why having the flu vaccine each year is important.

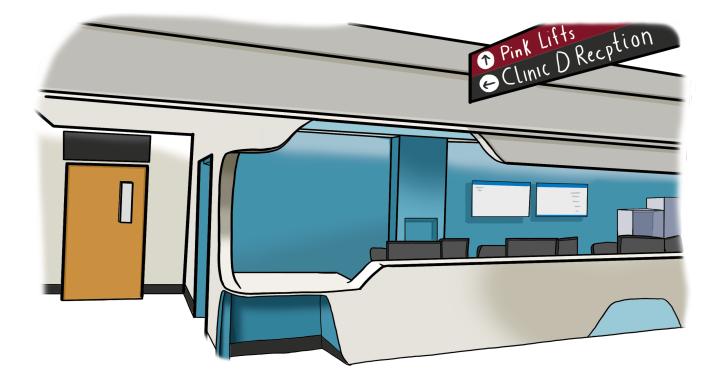
Good to know

- To build bubs immunity they should have the yearly flu vaccine from 6 months of age.
- Visit www.aefican.org.au or www.ausvaxsafety.org.au for vaccine safety monitoring information on WA immunisations.
- You can check out the Healthy WA website at ww2.health.wa.gov.au for more vaccine information.

The flu vaccine is FREE for Aboriginal and Torres Strait Islander people, from 6 months of age onwards.

Where get the flu vaccine?

Visit the PCH Stan Perron Immunisation Centre, Level 1, Clinic D, from 8.30am to 4.00pm. If you have any questions please call **6456 3742**.





Government of Western Australia Child and Adolescent Health Service

This document can be made available in alternative formats on request for a person with a disability.

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