



Keeping our mob healthy

Parents and carers

## Empty tummy - fasting instructions for bubs under 12 months

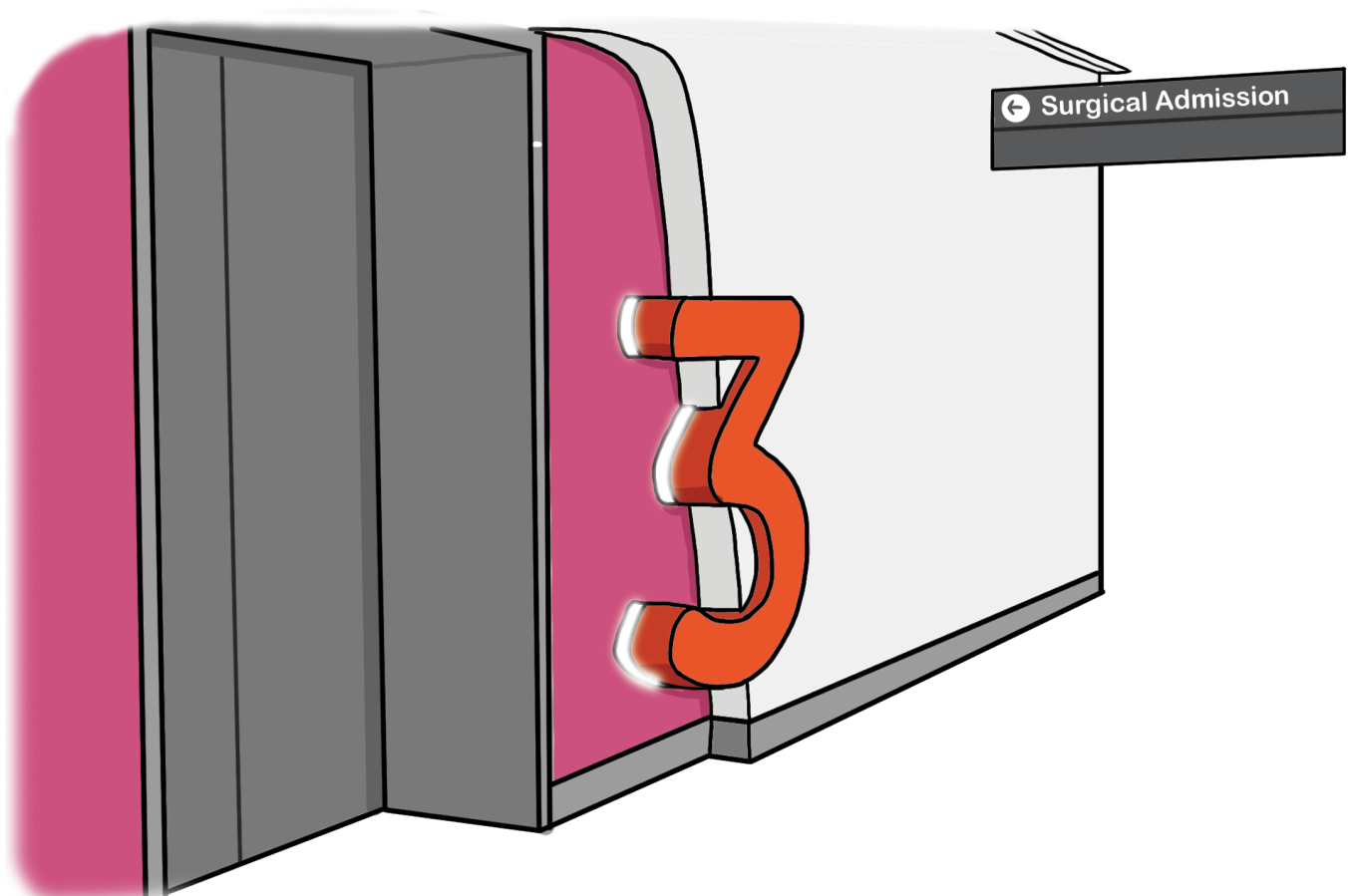
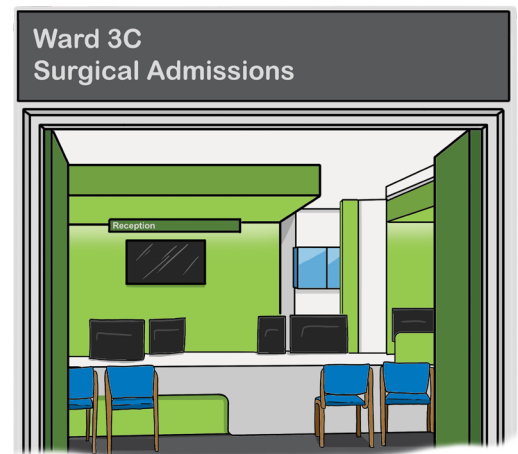
Bub needs a procedure at Perth Children's Hospital.

Date: \_\_\_\_\_

Time: \_\_\_\_\_

- Times can change if another bub needs urgent surgery.
- The nurses will try to let you know about any time changes.
- Your bub's procedure may need to be re-booked.

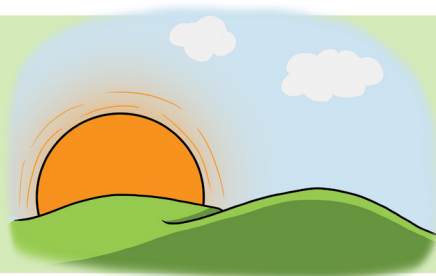
Please go to Surgical Admissions on Ward 3C.  
Use the pink lifts to get to Level 3.



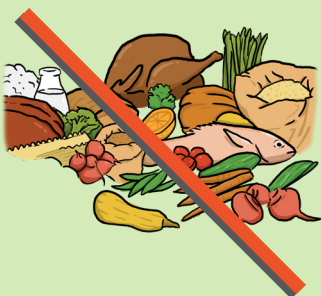
Bub needs to have an empty tummy for their surgery appointment. If they cry or are hungry don't give them any food or drinks.

Bub's surgery will need to be cancelled if they eat or drink anything because they may vomit during the procedure. This is dangerous for bub.

Fasting instructions for morning procedure:



After 2 am - no food or milk drinks



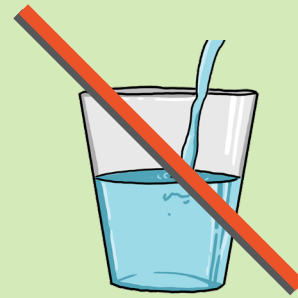
After 4 am - no formula



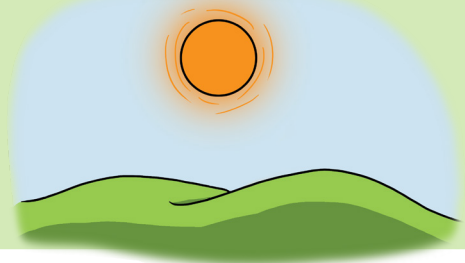
After 5 am - no breast milk



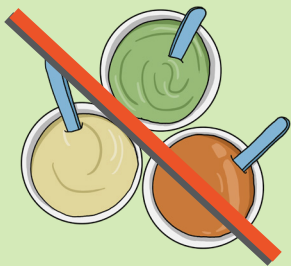
After 7 am - no clear fluid/water



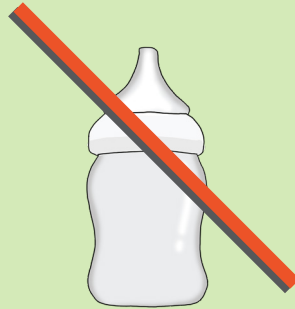
## Fasting instructions for afternoon procedure:



After 7 am - no food or milk



From 9 am - no formula



After 10 am - no breast milk



After 12 pm - no clear fluid/water



Government of Western Australia  
Child and Adolescent Health Service

**Child and Adolescent Health Service**  
15 Hospital Avenue, Nedlands, WA, 6009.  
Telephone: (08) 6456 2222  
Produced by: Surgical Short Stay Unit / Social Work  
Ref: 1389 © CAHS 2022

This document can be made available in alternative formats on request for a person with a disability.

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